

*City of Biddeford*  
**School Committee**  
**March 10, 2020 4:30 PM Little Theater at BHS**

- A. Call to Order:**
- B. Roll Call:**
- C. Pledge of Allegiance:**
- D. Adjustments to Agenda:**
  - D.1. Addendum  
[Addendum 3\\_10\\_20.pdf](#)
- E. Consideration of Minutes:**
  - E.1. Minutes 2/25/20  
[2\\_25\\_20 Minutes Biddeford.pdf](#)
- F. Consent Agenda**
  - F.1. Resignations:  
Carl Fortier ~ BMS Custodian ~ Retiring 3/6/2020  
Jodi Kimball Anderson ~ BIS Special Education Administrative Assistant ~ Resignation  
Nomination:  
Millie Arrowsmith ~ Classroom Teacher JFK ~ Replacing Constance Crandall
- G. Student Rep Reports:**
- H. Superintendent's Report:**
- I. Committee Reports: Finance/Building, Grounds; Curriculum; Policy; Waterhouse Advisory Committee**
- J. Old Business:**
- K. New Business: Public participation opportunity after each item listed below (3 minutes per item)**
  - K.1. Budget Presentation  
Student Health Presentation: Maine Integrated Youth Health Survey Results and Public Education  
  
[2020 MIYHS Board Presentation.pdf](#)
- L. Transfers:**
- M. Public Participation: (3 minutes; any item)**
- N. Communications:**
- O. Executive Session:**
- P. Adjournment:**

# Biddeford School Department

Tuesday, March 10, 2019

4:30 pm

Little Theater BHS

## Addendum

**F. Consent Agenda:**

Appointments:

- Bill Canning ~ Lunch/Recess Supervision Aide BPS ~ Replacing Jennie Langevin

Resignations:

- Diana Buckley ~ Pre-Cook/Food Service/BHS
- Amy Tenney ~ Food Service Worker BMS

**N. Executive Session:**

- Consultations between school unit and its attorney Pursuant to 1.M.R.S.A § 405(6)(E)
- Consideration on Expulsion of Biddeford School Department Student Pursuant to 1.M.R.S.A § 405(6)(B)
- Contract negotiations in Pursuant to 1.M.R.S.A § 405(6)(D)

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**School Committee Members:**

|                         |                      |
|-------------------------|----------------------|
| Alan Casavant-Chair     | Randy Forcier        |
| Lisa Vadnais-Vice Chair | Dominic Deschambault |
| Karen Ruel              | Nate Bean            |
| Amy Grohman             | Rebecca Henry        |

**Student Members:**

|                                       |
|---------------------------------------|
| Emily Boilard                         |
| Abigayle Michaud                      |
| cc: Jeremy Ray- Superintendent        |
| cc: Chris Indorf-Asst. Superintendent |

Biddeford School Department  
Tuesday, February 25, 2020  
7:00 pm  
Little Theater Biddeford High School  
**Minutes**

- A. Call to Order:** The meeting was called to order at 7:03 pm
- B. Roll Call:** Alan Casavant, Lisa Vадnais, Karen Ruel, Amy Grohman, Randy Forcier, Dominic Deschambault, Nate Bean, Rebecca Henry, Emily Boilard, Abigayle Michaud, Jeremy Ray, and Chris Indorf were all present
- C. Pledge of Allegiance:** The pledge was led by Alan Casavant
- D. Presentation:** None
- E. Adjustments to the Agenda: Addendum**
- F. Approval of Last Meeting's Minutes:** Minutes from 2/11/2020 ~ Dominic Deschambault moved to approve the meeting minutes, Randy Forcier seconded, and all were in favor
- G. Consent Agenda:** ~ Dominic Deschambault moved to approve the consent agenda, Randy Forcier seconded, and all were in favor

**Appointments:**

- Jeffery Barrett ~ Head Boys Tennis Coach Stipend BHS
- Michelle Laverriere ~ Junior Varsity Girls Lacrosse Stipend BHS Split Position
- Eric Wales ~ Junior Varsity Girls Lacrosse Stipend BHS Split Position
- Ron Ouelette ~ Assistant Outdoor Track Stipend BHS
- Chris Quint ~ Head Girls Outdoor Track Stipend BHS
- Edward Kruse ~ Head Boys Outdoor Track Stipend BHS
- Erin O'Connor ~ Assistant Outdoor Track Stipend BHS
- Steve Allosso ~ Weightlifting Stipend BHS Split Position
- Tyler Hansen ~ Weightlifting Stipend BHS Split Position
- Willett LeBlanc ~ Food Service Worker BPS ~ Replacing Dodie Bedard

**Resignations:**

- Gary Tardiff ~ Custodian ~ Resignation
- Jennie Langevin ~ Supervision Aide BPS ~ Resignation
- Tameka Slade ~ Custodian ~ Resignation
- Constance Crandall ~ Teacher JFK ~ Retiring End of School Year

**H. Student Rep Reports:**

**I. Superintendent's Report:**

- Biddeford 365 February Vacation Camp a success hosting 60 kids - 40 elementary kids and 20 middle schoolers. They went on field trips to

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**School Committee Members:**

|                         |                      |
|-------------------------|----------------------|
| Alan Casavant-Chair     | Randy Forcier        |
| Lisa Vадnais-Vice-Chair | Dominic Deschambault |
| Karen Ruel              | Nate Bean            |
| Amy Grohman             | Rebecca Henry        |

**Student Members:**

|                                         |
|-----------------------------------------|
| Emily Boilard                           |
| Abigayle Michaud                        |
| cc: Jeremy Ray ~ Superintendent         |
| cc: Chris Indorf ~ Asst. Superintendent |

Jokers, Hilltop Fun Center, Bowl-A-Rama, swimming and a marine biology tour at UNE. We will have pictures, a video and survey results soon to share but overall this was a positive experience for our students. I'd like to thank UNE for their accommodations and Biddeford Recreation for providing free transportation.

- BHS is holding its First Annual Community Wellness Night tomorrow night from 5-7 PM. There will be informational tables set-up, including demonstrations and stations, as well as light "healthy" refreshments. FREE and all are welcome to attend.
- A reminder that Pre-K and Kindergarten Registration is now open online for any child turning 4 or 5 before October 15th. The link is on the Biddeford Schools homepage and Parent Night is on March 25 from 5-6 pm at John F. Kennedy School.
- The BHS Drama Production of *Footloose* is coming up on March 6th and 7th at 7:00 pm and March 8th at 1:00 pm at the BMS Performing Arts Center. Tickets are available at the door for \$5 for seniors and \$8 for adults.

**J. Committee Reports:** Stipend Committee, Finance Committee ~ The stipend committee will be meeting February 26th to review an updated format

**K. Old Business:**

- 2nd Reading of Overnight Field Trip ~ March 19th & 20th, Maine Skills USA Championship Bangor ~ Person in Charge of Trip Holly Scribner COT ~ Dominic Deschambault moved to approve, Nate Bean seconded, and all were in favor.

**L. New Business:**

- 1st Reading of Overnight Field Trip ~ April 18th-26th, Costa Rica ~ Person in Charge of Trip Andrew Reddy ~ Dominic Deschambault moved to approve, Nate Bean seconded, and all were in favor
- Budget Update ~ Jeremy Ray gave an update on the FY21 budget. Information can be found on the Biddeford School Department website [www.biddefordschools.me](http://www.biddefordschools.me)

**M. Public Participation (3 minutes; any item)**

**N. Communications:**

**O. Executive Session:** None

**P. Adjournment:** Amy Grohman moved to adjourn the meeting at 7:23 pm, Randy Forcier seconded, and all were in favor

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|                         |                      |
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| Alan Casavant-Chair     | Randy Forcier        |
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| Karen Ruel              | Nate Bean            |
| Amy Grohman             | Rebecca Henry        |

**Student Members:**

|                                         |
|-----------------------------------------|
| Emily Boilard                           |
| Abigayle Michaud                        |
| cc: Jeremy Ray ~ Superintendent         |
| cc: Chris Indorf ~ Asst. Superintendent |

Biddeford School Department  
Tuesday, February 25, 2020  
7:00 pm  
Little Theater Biddeford High School  
**Addendum**

**G. Consent Agenda:** ~ Dominic Deschambault moved to approve the consent agenda, Randy Forcier seconded, and all were in favor

**Appointments:**

- William Gervais ~ Interim Facilities Director ~ Replacing Phil Radding

**L. New Business:**

- Presentation of Energy Savings Opportunity ~ Kevin Conroy, Manager Project Development, Hep Energy USA LLC ~ Kevin Conroy shared a presentation about a possible energy savings opportunity for the Biddeford School Department

Signed:



Date: 3/4/20

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|-------------------------|----------------------|
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|-----------------------------------------|
| Emily Boilard                           |
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| cc: Jeremy Ray ~ Superintendent         |
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# Biddeford HS & MS MIYHS Data



School Committee Presentation March 2020

# What is the MIYHS?

The Maine Integrated Youth Health Survey is sponsored by the Maine Department of Education and Maine Department of Health and Human Services, and we voluntarily participate in its biannual administration.

- The survey asks students a series of questions in a variety of categories.
- The survey is **CONFIDENTIAL**
- Each question is a weighted percentage of students who answered.
- Data is recorded for each school, each district (if multiple schools), and the state as a whole

# What Type of Data Does the Survey Give Biddeford?

This is some of the MOST RELIABLE data that schools receive

- Substance Use/Abuse - Alcohol, Marijuana, Other Drugs, Tobacco
- Violence - School Safety, Bullying
- Suicide & Depression
- Sexual Behaviors
- Height, Weight, Obesity, Nutrition, Physical Activity
- Assets
- Longitudinal data allows us to track trends over time

The survey is administered in the Spring of each odd year

# How do we use the MIYHS?

The data we receive provides a snapshot into the wellness of our student body.

- The data informs program decisions
- Program decisions affect staffing levels and strategic investments
- The report provides the School Committee information it can use when weighing budget priorities.
- Principals share data with stakeholders to raise awareness and reinforce the importance of the support they offer students every day

# Physical Health

## PHYSICAL HEALTH

1. **Obesity rates** for BHS students is statistically significantly higher (19.9%) than Maine (15.0%)
2. **Nutrition** reporting is mixed for BHS and BMS; statewide data show a straight line between a school's FRL rate and all physical health factors.
3. Students report **being more physically active** at BHS and BMS than they were two years ago. (Much of this is based off the availability of Physical Education classes)

# Mental Health

1. BHS students (14.1% are 9% more likely to **identify as gay, lesbian or bisexual** than the average (12.4%) Maine student.
2. Reported rates of **bullying** at BHS (21.6%) are in line with state averages (23.3%); at BMS (46.4%), they have increased from 2017, but are identical to Maine (46.3%) averages.
3. BHS students are  $\frac{1}{3}$  **(34.6%) more likely to report feelings of sadness or hopelessness daily** than in 2017 (23.1%), and with greater frequency than Maine (32.1%) students as a whole. And yet, only 3% of students at BHS (3.7% Maine) seek help from “teacher or other school staff.”

## Mental Health, cont'd

4. Nearly 1-5 BHS students report seriously consider[ing] attempting suicide in the last year.
5. Nearly  $\frac{1}{4}$  (24.3%) of BMS students report the same - 32% increase from 2017 (18.9%).

# Substance Use and Abuse

1. **Tobacco habits** are in line with--or better than (in all categories)--school 2017 numbers and the state as a whole, yet a surprising 1-in-8 students feel that smoking a pack a day has “low risk” or “no risk.” BMS students report low smoking rates, generally in line with state averages. NOTE: survey ≠ vaping, e-cigarettes.
2. BHS students are **having their first drinks at a younger age, students consuming 5+ (19.1%) have increased by nearly a third since 2017 (16.8%)**, BHS is slightly above the state average (18.1%). BMS (3%) students have their 1st drink before age 11, compared to the state average of (5.5%).



## Substance Use and Abuse, cont'd

3. The frequency of use, age of use (under 13), and ease with which BHS students access Marijuana is on the rise in the last 2 years, However; BHS is either below or at the state averages. In the same category BMS students frequency of use is (4.4%) while the state average is (4.1%). BMS is down from (6.0%) in 2017.

4. Experimentation with other drugs has increased since 2017 at BHS. It is still either below or inline with state averages. Illicit use of opioids has increased (8.9%), but is still significantly lower than state averages (11.7%). Drug dealing (18.2%) on school campus is considered statistically significantly lower than the state average (22.5%).

# Sexual Health

4-in-10 BHS students have had sexual intercourse, which is slightly above state Average (38.4%).

At BMS, the reported rate is 7.6% while the state average is 6.7%

# School Climate

1. More students at BHS (46.5%) feel the **school enforces rules fairly** than the state average (45.9%)
2. More students feel the **school (35.7%) addresses conflict, negative language and bullying** than the state average (32.2%).
3. More BHS (81.2%) students report that “at least one of [their] teachers really cares and gives [them] help and support when [they] need it” than state average (80.5%); at BMS (75.2%), that number is slightly higher than state average (75.1%).
4. BMS students (78%) feel less safe at school than they did in 2017 (91.9%), and report feeling less safe than the state as a whole (86.5%).

# Questions & Central Office Final Remarks